

Early Help Information and Offer



What support can we offer?

What is Early Help?

Early help, also known as **early intervention**, is support given as soon as a concern emerges, at any stage in a child or young person's life (Department for Education (DfE), 2018).

Early help services can be delivered to parents, children or whole families, but their main focus is to improve outcomes for children.

At Bures Primary Schools, we understand that from time to time family life can have its complications. These may be the times when you need some extra help and support.

To support and advise you at such times we have an Early Help Offer.

Our experienced pastoral and inclusion staff can offer advice on a range of concerns or can signpost parents to other sources of information, help and support.

Why might I need Early Help? There are lots of reasons why people look for early help:

You may be worried about your child's health, development or behaviour;

You may be worried about how they are doing at school;

You may be worried about money or housing and how that is affecting your family;

Your child and family may be affected by domestic abuse, separation, bereavement, drugs, alcohol, mental health or crime.

Early help can give you the tools to solve any challenges or problems you are experiencing with help from others where needed.

Other Sources of Information and Support

Suffolk Safeguarding Partnership Early Help Page: <https://suffolksp.org.uk/working-with-children-and-adults/children/early-help/>

Suffolk Family Carers:

<https://suffolkfamilycarers.org/young-carers/>

Suffolk Parenting Hub:

<https://www.suffolk.gov.uk/children-families-and-learning/childcare-information-and-support-for-parents-and-providers/parent-hub/>

Essex Well Being:

<https://www.essex.gov.uk/children-and-wellbeing-services-in-essex>

Essex Early help:

<https://www.escb.co.uk/media/2637/essex-early-help-offer-april-2021-final.pdf>

Everyday Support—There is lots in place in our schools every day which provides additional early help and support such as:

- Our Breakfast Club – sometimes it helps children to settle into their school day if they arrive a little earlier and enjoy breakfast with friends
- Opportunities for pupils to become or be supported by peer mediators
- Opportunities to access nurture and support, both small group and 1-1, to help children to talk about their emotions and cope with feelings with support from our Emotional Literacy trained LSAs and our Family Support Practitioner
- Our school curriculum through which we promote the importance of health and happiness, diversity and teach children how to keep themselves and other safe
- A range of intervention programmes including Early Language Intervention, Maths, Phonics and Reading to provide extra support for children if they need it
- Events, assemblies and Information sessions for you as parents and carers to come into school, including opportunities to learn in the classroom with your child(ren) at our Learning Cafes
- Cuppa Club – Chat with other parents and our Family Support Practitioner in a relaxed environment
- Access to daily fresh fruit and vegetables for our EYFS/KS1 pupils through the Government's scheme
- Our school council which seeks and represents the views of our pupils
- Second hand uniform and financial support for trips, residential trips, clubs etc (Free School Meals/Pupil Premium Children)
- Strong links with the community and our local church
- Robust system for recording, sharing and monitoring concerns
- Opportunities to spend time with Lexie the Therapy Dog and our other community volunteers

Community Resources If you need help in addition to this we have links with a range of agencies to whom we can make a referral. These include:

- Children and Young People's Services
- Special Education Services (SES)
- Local Authority Family Services
- Speech and Language
- School Nursing
- Suffolk Children and Young People's Emotional Wellbeing Hub
- One Life Suffolk
- Suffolk Young Carers
- Suffolk Parenting Hub
- Educational Welfare Officer (EWO)



To access support, you can contact us via primary@bures.suffolk.sch.uk or contact Vashti our FSP directly at vdavis@bures.suffolk.sch.uk